****

**Monday, February 13th, 2017**

**RE:mind Afternoon Break**

Doubled Red Pepper Hummus with fresh vegetables

Toasted Spiced Pumpkin Seeds

Coconut Curry Cashews

Decaf Teas

almond milk, whole milk

**RE:mind Welcome Dinner**

Hibiscus Iced Tea

Roasted Olives with Citrus & Herbs

Artichoke, Basil Tapenade, Rice Crackers

Tomato Basil Soup

Arugula Salad, Cherries, Goat Cheese, Almonds, Citrus Vinaigrette served in mason jars

Falafel with Tzatziki

Mediterranean Chicken Kebabs, Parsley Mint Drizzle, Tahini Yogurt Sauce

Wild Salmon Kebabs, Mediterranean Cauliflower Mash Up

Meyer Lemon Pudding with Fresh Strawberries

beverage station for tea, decaf coffee, decaf iced tea, Pellegrino, and fruit infused water

****

**Tuesday, February 14th, 2017**

**RE:mind Breakfast Buffet**

Quinoa Porridge, Walnut Cream, Flax Seeds

Organic Blueberries

Pasture Raised Organic Hard Boiled Eggs

Organic Full Fat Plain & Coconut Dairy Free Yogurt

Black and Green Tea, Coffee, Decaf Coffee, Filtered Water

whole milk, almond milk

**Custom AM Break**

Chicken & Lemongrass Broth

Orange & Apricot Muffins

San Pellegrino Sparkling Natural Mineral Water

Freshly Brewed illy Coffee, Decaf Coffee & Taylors of Harrogate Teas

including black tea & green tea, decaf teas, whole milk, almond milk

**Plated Lunch Menu**

Curried Zucchini Soup

Wild Salmon Nicoise, Lemon Tahini Dressing

Chocolate Walnut Trifle

Green Tea Cooler

Decaf Teas

including decaf iced tea, honey, almond milk

**Custom PM Break**

Olive & Thyme Mini Almond Muffins

Green Tea Chai, Blueberry Tea

Decaf Teas

whole milk, almond milk

Chicken-Lemongrass Broth

San Pellegrino Sparkling Natural Mineral Water

whole milk, almond milk

**Cooking Demo**

Best Roasted Tomato and Red Bell Pepper Soup, Basil Oil

Kale Quinoa Salad with Red Grapes

**Dinner Buffet Menu**

Roasted Tomato and Red Bell Pepper Soup, Basil Oil *\*\*plated & served tableside\*\**

Kale Quinoa Salad with Red Grapes *\*\*served family style\*\**

Avocado Citrus Salad *\*\*served family style\*\**

Baked Chicken with Minted Chimichurri

Cobia with Tomato, Mint, and Fennel Vinaigrette

Spiced Roasted Butternut Squash with Almonds

Roasted Orange Sesame Carrots

Tart Cherry & Chocolate Crunch

Triple Brittle

Freshly Brewed illy Decaf Coffee & Decaf Teas

whole milk, almond milk

****

**Wednesday, February 15th, 2017**

**Custom Breakfast Buffet**

Organic Blackberries

Triple Green Frittata

Sweet Potato Hash

Organic Full Fat Plain & Coconut Dairy Free Yogurt

Black and Green Tea, Coffee, Decaf Coffee, Filtered Water

whole milk, almond milk

Freshly Brewed illy Coffee, Decaf Coffee

**Custom AM Break**

Apple Spiced Walnuts

Carrot, Ginger, & Orange Shooters

**Custom Plated Lunch Menu**

Southwestern Sweet Potato Soup, Ginger Lime

Thai it Up Hanger Steak Salad

Grown Up Chocolate Pudding with Raspberries

Chamomile Lavender Lemonade

Decaf Teas

including decaf iced tea, honey, almond milk

**Custom PM Break**

Green Tea Chai, Blueberry Tea

Organic Vegetable Crudite, Curried Hummus *\*\*No raw broccoli or baby carrots\*\**

Chicken-Lemongrass Broth

Decaf Teas, including decaf iced tea, whole milk, almond milk

**Custom Plated Dinner Menu**

Roasted Asparagus Soup, Pistachio cream

Roast Organic Chicken Breast, Charred Tomato Salsa Roja, Brown Rice, Minted Guacamole, Broccoli

Julies Best Mandarine Blueberry Crisp

San Pellegrino Sparkling Natural Mineral Water

****

**Thursday, February 16th, 2017**

**Custom Breakfast Buffet Menu**

Wild Salmon Scramble

Organic Raspberries

Vegetable Stir Fry

Organic Full Fat Plain & Coconut Dairy Free Yogurt

Chicken-Lemongrass Broth

Black & Green Tea, Filtered Water

whole milk, organic milk

illy Coffee & Taylors of Harrogate Teas

**Custom Lunch Buffet Menu**

Local Mixed Greens, Feta Cheese, Cherry Tomatoes, Mint

Organic Chicken, Tricolor Pepper salsa

Kale with Delicata Squash and Hazelnuts

Blackberry Parfait with Sesame Brittle

Green Tea Chai

Decaf Teas

whole milk, almond milk

San Pellegrino Sparkling Natural Mineral Water

**Custom PM Break**

Rosemary & Pear Muffins

Brain-Berry Smoothie

Green Tea Chai, Blueberry Tea

San Pellegrino Sparkling Natural Mineral Water

Selection of Decaf Teas

whole milk, almond milk